

Priority	Goals	Plans (Key Actions)	Outcome Measures	Targets	Responsible person	Links to...	Timescale	Progress (RAG rating)
Key priorities outlined in the Joint Health and Wellbeing Strategy 2013-16								
<p><u>Vulnerable Families</u></p> <p>Some families experience problems due to financial, health or relationship difficulties. Some children are growing up in families which are unable to support them adequately either practically or emotionally</p>	<p>To identify and target vulnerable families</p> <p>To improve support for families with multiple problems</p> <p>To focus resources on those families most in need</p> <p>To reduce child poverty</p>	<p>Changing Lives Programme</p> <p>Delivery of the Families First Strategy</p> <p>Create a better interface between early intervention and social care</p> <p>Monitor the Families First Step up Step Down approach to ensure families get an appropriate level of support</p> <p>Children's Trust partners to sign an organisational pledge demonstrating commitment to reducing child poverty</p> <p>Target wards where child poverty is above 10%</p> <p>Support parents in employment</p>	<p>The no. of troubled families engaged with the Changing Lives programme</p> <p>Common Assessment Framework (CAF) stats</p> <p>Keep the proportion of children living in Rutland in relative poverty below 10%</p> <p>Overall working age employment rate</p>		Jackie Difolco (Head of Stronger Communities, Rutland County Council - RCC)	Families First Subgroup of the Children's Trust and the Stronger Communities Team at RCC		
<p><u>Vulnerable Teenagers</u></p> <p>Ensure a smooth transition into adulthood.</p> <p>The teenage years are a critical period of growth and change. They are an important time for making significant life choices and decisions.</p>	<p>Provide a holistic offer of recreational and learning opportunities that enhance young people's social, emotional, health and personal development outside of the school curriculum.</p>	<p>Expand the work of the Families First Board to target adolescence</p> <p>Develop the work based learning element of the Adult Learning Service within Rutland County College</p> <p>Develop a learning strategy</p> <p>Continue the work of the teenage pregnancy and sexual health multi agency group</p> <p>16/17 protocol to deliver packages of support for those young people at risk of becoming homeless</p> <p>Deliver a recreational and learning programme in school holidays.</p> <p>Providing bespoke service for vulnerable young people such as mentoring and counselling.</p> <p>Targeted Youth Support Offer in</p>	<p>Maintain low numbers of young people not in education, employment or training</p> <p>Chlamydia screening and diagnosis rate</p> <p>Under 18 conceptions</p> <p>Reduction of youth homelessness</p> <p>Number of young people achieving a recorded an accredited outcome</p> <p>Teenage parents / Young Offenders and Care Leavers</p>		Jackie Difolco (Head of Stronger Communities, Rutland County Council - RCC)	Families First Subgroup of the Children's Trust, Heads Forum, 11-19 Partnership, Youth Council and the Stronger Communities Team at RCC		

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		place for our most vulnerable groups: Young Carers Young People with disabilities Teenage Parents LAC and Care Leavers	in education, employment or training					
<u>Emotional health and wellbeing of children, young people and their families</u>	<p>Support all children, young people and families to address their emotional health and wellbeing.</p> <p>Identify and target those families with specific emotional health and wellbeing needs through early intervention.</p> <p>Improve support for families with complex health problems.</p>	<p>Ensure families have access to GP and dental provision.</p> <p>Ensure delivery of Healthy Child Programme (HCP) through school nurses and Health Visitors</p> <p>Ensure delivery of target interventions from school nursing and health visiting teams in relation to call to Action plans.</p> <p>Ensure awareness of targets in relation to early access to maternity services, breastfeeding and immunization</p> <p>All women will have access to midwifery services and be offered choice around birth.</p> <p>All pregnant women and their new babies will receive appropriate screening programmes.</p> <p>Commissioning targeted services for our vulnerable families:</p> <p>MIMS – Mums in Mins (mental health)</p> <p>Dedicated worker in SEN Team – BESD</p>	<p>All children young people and their families will be able to be registered with an NHS Dentist and GP.</p> <p>All children and young people with have access to set measures within the HCP.</p> <p>Children and young people with an identified need will have programmes of care delivered in line with A call to Action.</p> <p>National delivery targets will be met.</p> <p>Women's and their babies will have a positive experience in relation to maternity services</p> <p>Women and babies with identified problems will receive monitoring and on ward referral where necessary.</p> <p>A clear process will be developed to ensure implementation of the SEND</p>	<p>PHOF 2.08 Emotional Wellbeing of Looked After Children</p> <p>Delivery will be monitored through the report submitted to NHS England and CCG performance reports.</p> <p>Feedback through friends and family test.</p> <p>Delivery will be monitored through the reports submitted to NHS England</p>	<p>Sam Little – Children's (East Leicestershire & Rutland Clinical Commissioning Group, ELRCCG)</p>	<p>Maggie Clarke (Lead for School Nursing and Health Visiting, Local Authority)</p> <p>David Giffard – NHS England lead – Health visitor Implementation Plan:- A Call to action 2011-2015.</p> <p>Rob Howard and Jane Roberts – Public health – Leicestershire and Rutland. Public health outcomes targets.</p> <p>Mark Roberts (Leicestershire Partnership Trust)</p>		

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		<p>Implement SEND reforms through integrated working</p> <p>Develop a process for delivering personal health budgets</p> <p>Ensure delivery of IAPT service</p> <p>Ensure GP awareness of mental health issues within children and young people.</p> <p>Universal service awareness of mental health issues within children and young people.</p> <p>Improving access and support to specialist CAHMS service</p> <p>Delivery of LPT Service development initiative programme.</p> <p>Ensure delivery of new children's and young people's community pilot model in relation to nursing and respiratory therapy.</p>	<p>reforms. Process for health personal budgets is agreed.</p> <p>Delivery of Multi agency training and direct engagement.</p> <p>All children and young people will have timely access within 13 week of referral.</p> <p>Locality working will commence in October 2013</p> <p>Any child or young person</p>	<p>Monitoring through attendance and CAHMS contact with GP's.</p> <p>Monitoring through FYPC clinical sub group, CCG Quality and performance reports.</p>				
Other areas within the Health and Wellbeing Strategy that will help deliver outcomes for Children, Young People and Families (contributing to Starting Well)								
The Staying Healthy Subgroup leads on the following:								
<p><u>Obesity</u> Childhood and adult obesity prevalence poses a significant risk to the health of the population and the increased</p>	<p>To increase the percentage of children and adults who are a healthy weight by providing a range of interventions focussed</p>	<ol style="list-style-type: none"> Physical activity: Targeted programmes, new resources and training for children including physical literacy and activity programmes. Physical activity: Programmes targeting patients with medical conditions. Weight management: 	<p>We will reduce the prevalence of overweight and obesity in 4-5 and 10-11 year olds (PHOF 2.06).</p> <p>We will reduce the prevalence of overweight and obesity in adults (PHOF 2.12).</p>		<p>Rob Clayton (Culture & Leisure, Local Authority)</p>	<p>Maggie Clarke (Health visitor, 0-19 health service transferring to Local Authority)</p>		

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use of health services	on physical activity and healthy eating	Sustainable delivery of weight management programmes for adults and children. 4. Food and nutrition: Developing networks to improve food culture and promote benefits and skills of growing food to local communities.	We will reduce the proportion of physically inactive adults and increase the proportion of physically active adults (PHOF 2.13).					
<u>Smoking</u> Smoking remains the largest preventable cause of ill health and premature death in Rutland	To further reduce the prevalence of smoking by helping smokers to quit and influencing young people not to start in the first place	1. Maintain active membership of Tobacco-free Leicestershire & Rutland (TLR) and contribute to the action plan. 2. Provide accessible, evidence-based smoking cessation services across Rutland. 3. Support implementation of the Tobacco Free Young Person (Whole School Approach) program across schools and young person oriented venues across Rutland. 4. Support implementation of Step Right Out (smoke-free environments) campaign across Rutland.	We will reduce the proportion of adults that smoke (PHOF 2.14) We will reduce the proportion of children that smoke (PHOF 2.09) We will increase the proportion of adults that are able to access smoking cessation services		Stephen Haigh (Public Protection, Local Authority)	Leicestershire and Rutland Tobacco Control Alliance (Aaron Bohannon, Public Health) Kevain Parsons (Lifelong Learning, Local Authority)		
<u>Sexual Health</u> Poor sexual health poses a number of risks to health and wellbeing, particularly amongst young people. Such risks place a strain on public services and can also impact upon a number of other life factors such as employment and housing.	To improve the sexual health of young people across Rutland by ensuring all young people have access to good quality service provision, education and advice. To provide good quality provision and support to teenage parents to ensure they are not marginalised and both mother	1. Co-ordination of Services: Ensure effective co-ordination of sexual health & teenage pregnancy services across the county, supporting the delivery of one integrated SH service across LLR. 2. Access to Services: Improve access to effective sexual health/teenage pregnancy services across the county through enhanced services and coverage. 3. Participation & Involvement Encourage greater participation and engagement of young people accessing	We will reduce the prevalence of Chlamydia amongst those under the age of 25. (PHOF:3.02) We will maintain the current conception rate of those under the age of 18. (PHOF 2.04) We will ensure teenage parents are able to access education, training and employment.	1. Increase Chlamydia screening by 8.5% 2. Chlamydia diagnosis rate, 1770 for 2013 3. Under 18 conception rate in Rutland is maintained at 6.2% 4. 50% of all Teenage Parents are	Kevin Quinn (11-19 years, Rutland CC)	Maggie Clarke (Health visiting, Leicestershire Partnership Trust) Janet Hutchins and Katie Philips (Public Health, Leics CC) Jenni Scott (Senior Youth Development Officer, Rutland CC) Teenage Pregnancy and Sexual Health Oversight Group (TPSHOG)		

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	and child are able to meet their full potential.	<p>sexual health services.</p> <p>4. Prevention & Early Intervention Build knowledge and resilience amongst young people and staff through the delivery of effective sexual health education and advice, providing a consistent and joined up message.</p> <p>5. Performance Monitoring Monitor sexual health data and trends and target resources accordingly.</p>		<p>engaged in Education, Employment and Training.</p> <p>5. 20% increase in young people in Rutland accessing comprehensive Sexual Health Services.</p>				