Report No: 238/2012 Appendix A



Rutland County Council Youth Service Report



Rutland Youth Council - Young People's Surgery 2012

Report Author:

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Background Information

This report refers to the current Targeted Youth Support Service and does not include the Youth Options Service (formerly Connexions) or the Counselling Service that is provided.

Since 2006 The Youth Service has evolved from a universal open access youth service consistently mainly of Youth Clubs to a Targeted Youth Support Service offering a range of service specifically for vulnerable young people whilst ensuring there is a generic offer for all young people. Vulnerable young people refers to those young people in the following groups but not restricted to:

- Teenage Parents
- Statement of Educational Needs
- Young Offenders
- Young Carers
- Looked After and Care Leavers
- Open to Social Care/ CAF/ Troubled Families and Intensive Family Support
- Not in Employment, Education and Training

In total there are 7.12 (FTE equivalent) staff within the Targeted Youth Support Service totalling 15 members of staff (Refer to a detailed breakdown on page 5 for hours). Youth Work Managers are professionally qualified to the equivalent of a BA in Youth and Community Development. The majority of Youth Support Workers with the exception of 4 people are qualified to NVQ Level 3 Youth Work.

Please note that the Youth and Community Development Officers have wider responsibilities in addition to managing youth service provision.

The service runs from Jules One Strop, Oakham but has satellite sites in Whissendine, Uppingham, Ketton, Greetham and the two MOD barracks at St George's and Kendrew. There is also a 7.5 tonne vehicle "Rutland Wanderer" that is used to provide outreach youth work in rural areas where there is no centre based provision. This usually rotates on a 12 week programme responding to hotspot areas where there is anti social behaviour issues identified by Parish Councils and the community.

The Youth Service has very strong partnerships with services such as Youth Offending Service, Education, Police, Social Care, Parish Council Forum, Town Councils, Health and the voluntary sector, represented both locally and regionally at partnership meetings.

There is not a strong voluntary youth sector presence in Rutland as the larger organisations such as YMCA, Princes Trust, Duke of Edinburgh tend to be based in neighbouring counties although there are strong links ensuring that young people can access provision if needed and Authority runs a very successful local Duke of Edingburgh programme. The Youth Service used to support the "Youth Partnership" where small voluntary youth groups ran by volunteers would come together to share practice, apply for funding and deliver joined up working but this disbanded in 2011 due to the majority of these projects closing.

Utilising the Council's matrix management approach, the Youth Service follows a model of integrated working where we work with partners supporting children and young people effectively to have a young person centred approach, meeting their needs and improve their lives. By combining their professional expertise, knowledge and skills, and involving young people throughout, Youth Work practitioners identify needs earlier and support with the delivery of a co-ordinated package of support that is centred on the child or young person, and help secure better outcomes for them.

Local and National Policy

Youth Work has a key feature and role identified within the government policies and initiatives listed below:

- Every Child Matters 2002
- Positive for Youth Strategy 2012
- Hear By Right Participation of young people in decision making
- You're Welcome Young people involved in decision making on health service provision
- Working Together to Safeguard Children 2012
- Education Act 2011
- Childcare Act 2006

Local Authorities have a statutory duty to secure so far as is reasonably practicable, access to educational and recreational activities for the improvement of young people's well being which includes explicitly a duty to secure sufficient activities for the improvement of young people's personal and social development .The duty also requires local authorities to take into account young people's views and publicise information about what is available. (Education and Inspections Act 2006 Section 507B Clause 3)

This Government recognises the important role that out-of-school services play in the lives of many young people. So we have retained the duty on local authorities to ensure there are sufficient services locally to help young people when they need it. We want this revised guidance to help local authorities focus on commissioning services for young people that are driven, and held to account, by the views of young people (Tim Lougton MP Aug 2012)

The guidance focuses strongly on the essential principles which local authorities should follow in planning and commissioning services for young people. In doing so it affords them the freedom and flexibility to respond to local needs and priorities. The guidance promotes transparency and local accountability – particularly to young people, who should be involved in both making decisions and inspecting the quality of provision. Local authorities should use the guidance in the context of related policy developments and reforms including Raising the Participation Age, the development of health and wellbeing Boards, and the duty to develop a joint strategic needs assessment

Evidence shows that good quality open access Youth clubs that provide structured activities can be highly effective in meeting priority needs, particularly where these are located in areas where disadvantaged young people are concentrated. They can be hubs through which to offer young people access to a wide range of advice and support services, and identify early those who may need additional help. The government welcomes and endorses the narrative report and hopes that it will help Commissioners and providers of Youth Work to form a common view of the role and potential for both detached and centre based youth work within the overall system of support for young people (Positive for Youth Narrative for Youth Work Today – DFE website). This view was also supported strongly by those who responded to the Positive for Youth discussion paper – *The Rationale and Outcomes for Services for Young People*.

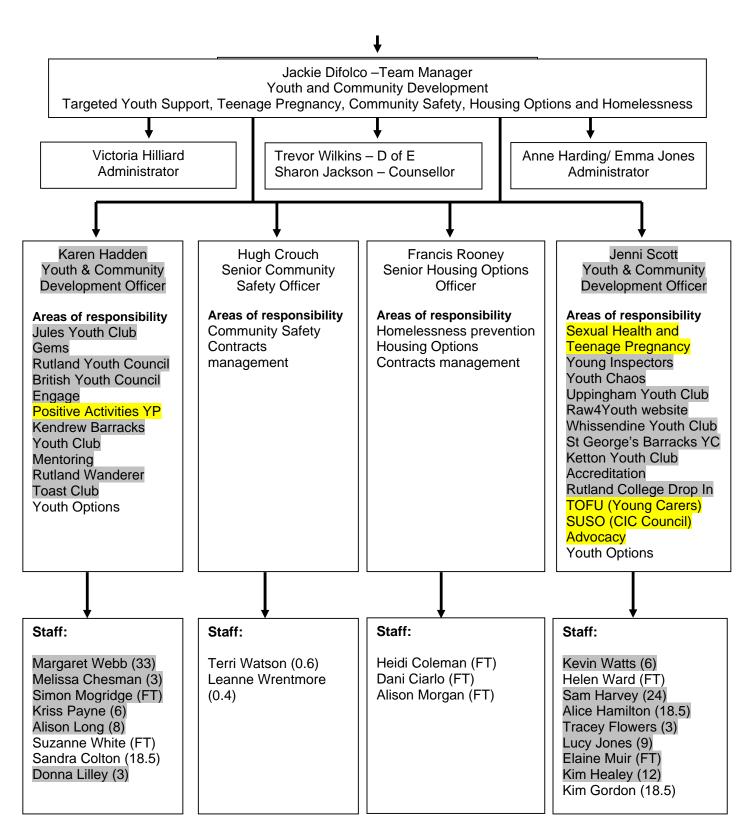
Within the Council's Strategic Aims, Objectives and Priorities, the Youth Service fits mainly with:

- Creating a Safer Community for all
- Creating an Active and Enriched Community
- Meeting the health and wellbeing needs of the community
- Creating a Brighter Future for All

The Portfolio Holder for the Youth Service is Councillor Gene Plews.

Structure

The Youth Service is part of the wider Stronger Communities Team 2 as highlighted below in grey. Those areas highlighted in yellow are the statutory parts of the Youth Service.



Current context and delivery

Universal Youth Projects

This covers the following projects running for one session (3 hours) per week in the evenings open to all young people aged 11 - 18. These projects follow a recreational and learning youth work curriculum with the principle of "Enjoy and Achieve" underpinning the content of practice.

Gems - Oakham Jules - Oakham Whissenine St George's Barracks Uppingham Kendrew Barracks

Ketton

Toast Club – Oakham and for 11 – 14 yrs olds only

Targeted Specialist Youth Projects

This covers the following projects running monthly for up to 3 sessions at a time and includes residentials:

Time Out For Us – Young Carers Group

Speak Up Speak Out - Children in Care Council

PAYP Positive Activities for Young People – Free activity programme running in school holidays and evenings/ weekends. This programme is open to all young people but popular with vulnerable young people.

Raw4Youth.com – website group promoting services for young people

Rutland County College Drop In – Post 16

Mentoring and Counselling

We provide 18 hours mentoring per week between 3 Youth Support Workers who have al allocated caseload of 6 young people at any one time one day per week.

We have a self employed Counsellor on site at Jules one day per week working with a caseload of 6 young people; most of the referrals are from GP's, School and Social Care.

Democratic Engagement and Participation

Rutland Youth Council – 28 young people elected by peers. Current campaign Is FAST – Fairer and Safer Transport.

British Youth Council – RYC members representing Rutland at a regional and national level

Quality Assurance – 200 yp involved in an annual satisfaction and planning survey. Three ideas and implemented within each annual plan.

Young Inspectors – 12 yp competed formal accredited training to inspect services for young people and then report back findings and recommendations. Have been used in Youth Service, Spire Housing and GP service recently.

Recruitment and Selection – Approx 60 yp on our database who have completed formal accredited training and are used to support with R/S processes such as short-listing, interviews and focus group discussions.

Outreach and Detached

Rutland Wanderer – 7.5 tonne vehicle fully equipped with bespoke resources, small kitchen area and groupwork room for confidential work. It also has floodlights attached to the top of the vehicle when parking in dark areas. This project goes out twice per week in the evenings and is in the process of discussion some joint partnership work with the Police and Neighbourhood Support Officers utilising the use of it.

Uppingham Detached – Two Youth Support Workers working outside in locations where young people congregate delivering centre based youth work practices.

Extra Curricular Programme

Engage is a programme aimed at young people from Year 10, 11 and post 16 who are not participating fully in education; The project runs over two days per week (max 10 yp per day) following the national foundation learning curriculum. The main aim of the project is to support young people to engage with education, employment and training whilst gaining either a half or full GCSE from a portfolio they have produced.

Sexual Health and Teenage Pregnancy

We have a full time Sexual Health Worker who co-ordinates and delivers sexual health practice across the county. There is an operational partnership group "Teenage Pregnancy and Sexual Health Group that feeds into the Health and Well Being Board via the Staying Healthy Group. Delivery includes, sexual health sites, supporting schools with PHSE curriculum, virtual baby training, campaign work and contraception.

Accreditation Programme

We deliver three formally accredited programmes where young people can gain nationally recognised awards in addition to the school's curriculum through all of the projects:

AQA – Level 1, 2 and 3 awards (low level GCSE D – G learning level)

Duke of Edinburgh – Sectional, Bronze, Gold and Silver Awards – particularly popular with all schools and Uppingham School.

Personal Social Development Qualification – Entry Level and above. Foundation Learning equating to half or full GCSE.

Partnership Work

TPAL – Teenage Parents Accredited Learning Course delivered to Teenage Parents Group at Visions

Making Choices Programme – Six week programme offered to schools for targeted students at risk of risky taking behaviour. Sessions are delivered with Youth Offending Service, Domestic Violence Outreach, School Nurses and Youth Workers.

Current Context and Delivery

Project	Venue/Times	Responsible Leader	Youth Support Workers	Line Manager
Uppingham Youth Club	Thursdays 6.30 – 9pm Church Rooms	Elaine Muir	Jeanette Rooney	Jenni Scott
Pearls Drop Ins (Sexual Health)	Weds 2.30 – 4.30 Cong Church Fridays 2.30 – 4pm UTC	Sam Harvey/ Marg Webb	N/A	Jenni Scott
Youth Chaos	Saturdays 2pm – 4pm Greetham	Sam Harvey	Simon Mogridge Alice Hamilton Kim Healey Jeanette Rooney	Jenni Scott
Jules Youth Club	Thursdays 6.30 – 9pm Oakham	Margaret Webb	Melissa Chesman Kriss Payne Lucy Jones	Karen Hadden
Toast Club	Thursdays 3.30 – 6pm Oakham	Margaret Webb	Alice Hamilton	Karen Hadden
St George's Barracks Youth Cub	Wednesdays 6.30 – 9pm North Luff	Sam Harvey	Kim Healey Lucy Jones	Jenni Scott
Ketton Youth Club	Tuesdays 6.30 - 9pm Ketton	Elaine Muir	Lucy Jones Kim Healey	Jenni Scott
Gems Youth Club	Fridays 7 – 10pm Oakham	Simon Mogridge	Kevin Watts Kim Healey Kriss Payne	Karen Hadden
Whissendine Youth Club	Tuesdays 6.30 – 9pm Whissendine	Tracey Flowers	Alice Hamilton Jeanette Rooney	Jenni Scott
Rutland Wanderer	Wednesdays 6.30 – 9pm Various	Simon Mogridge	Donna Lilley	Karen Hadden
Kendrew Barracks Youth Club	Thursdays 6.30 – 9pm Cottesmore	Simon Mogridge	Alice Hamilton	Karen Hadden
Duke Of Edinburgh	N/A	Trevor Wilkins	N/A	Jackie Difolco
Rutland Youth Council	Monthly	Karen Hadden	Elaine Muir	Jackie Difolco
Young Inspectors	Monthly	Jenni Scott	Elaine Muir	Jackie Difolco
BYC	6 weekly	Elaine Muir	N/A	Karen Hadden
TOFU	Monthly	Jenni Scott	Elaine Muir	Jenni Scott
Children in Care Council	Quarterly and Residential	Jenni Scott	Elaine Muir	Jackie Difolco
Rutland County College Drop In	Weekly	Jenni Scott	Elaine Muir	Jackie Difolco
Uppingham Detached	Monday 3 – 6pm	Elaine Muir	Jeanette Rooney	Jenni Scott

Evaluation and Impact

It is important to note that the success of youth work is underpinned by its strong ethos and principles of voluntary engagement therefore young people want to engage and participate fully rather than by directive.

The Youth Service records the number of young people they work with in two ways:

Contact – Contact made with a young person less than 3 times and not substantial, (often one off events etc)

Participant – Engaged with the young person for more than 3 sessions (9 hours)

The Youth Service follows the Best Value Practice Indicators model where the Government set out a list of outcomes young people should achieve through participation with youth services. These outcomes underpin the youth work curriculum and are monitored through delivery and recorded on a formal database IYSS (Integrated Youth Support Services.

Outcome are split into two areas:

Recorded Outcome – Soft outcomes demonstrating a young person's progress in an area such as confidence, increasing knowledge, improved behaviour

Accredited Outcome – Hard outcomes demonstrating knowledge gained and work produced to achieve a formal nationally recognised award.

2010-11	2011-12	2012 – October
1000 Contacts 495 Participants 270 Recorded Outcomes 138 Accredited Outcomes	918 Contacts 700 Participants 291 Recorded Outcomes 350 Accredited Outcomes	545 Contacts 296 Participants 253 Recorded Outcomes 206 Accredited Outcomes

Based on youth population figures of 3,400 (Census 2001) the Youth Service aims to make contact with 25% of the youth population 11 – 19 year olds (850) with 15% effectively engaged (510).

2011-12 saw the introduction of AQA which gave more accreditation choices to young people. Following the restructure in 2010-11, the service decreased its universal offer and move towards specific and targeted work.

All Youth Support Workers are trained on specific evaluation methods and employ tools such as the Richter Scale to demonstrate intensive learning and progress made particularly with small groups and individuals. This is often used within assessment to enable young people to identify starting points and goals.

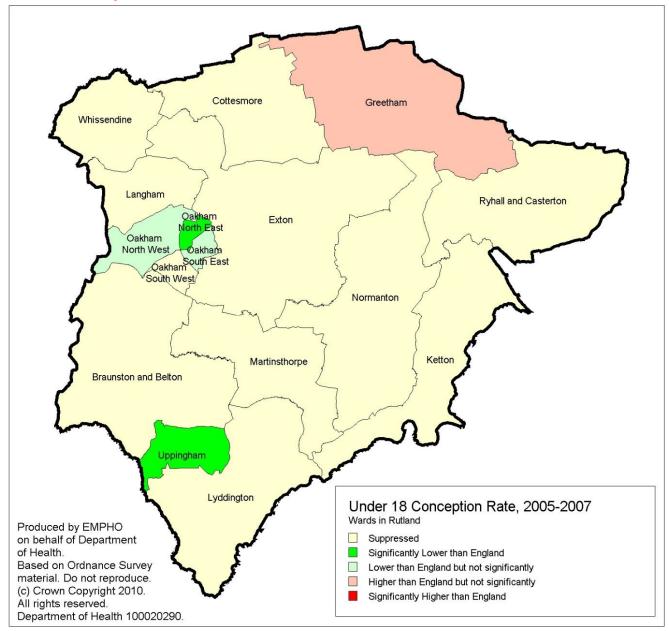
Following mapping work in 2011, the Team Manager identified that the Youth Service were working with approx 25% of cases open to social care and developed a "Social Care Monitoring Model" where young people working across both services were discussed quarterly to provide information sharing and look at how cases could be closed with intervention from the Youth Service. This proved to be successful in reducing the open social care caseload and has now been developed

further to include Early Intervention, Fostering and Long Term Teams.

Statistics influence the delivery of services such as ASB hotspot areas and teenage pregnancy.

The map below was taken from a report commissioned in March 2011 to look at teenage pregnancy within Rutland (Under 18 conception Rate). As you can see from the map below, it identified Uppingham, Oakham North East and Greetham as problem areas. We used this information to target sexual health services specifically introducing the TPAL course referred to earlier and sexual health drop ins at CBEC, Uppingham Town Hall and Catmose College.

Under 18 Conception Rate - Rutland



Data is not available as it's reported on retrospectively annually but it is expected with the targeting of resources, teenage pregnancy should reduce in these areas. Within CBEC alone the sexual health site is attracting 30+ young people per session to access contraception and information.

Another source of data is anti social behaviour:

Overall anti social behaviour has continued to reduce annually. Mapping the universal projects against the reports of ASB shows a steady decrease although figures suggest there will be an overall increase for 2012-13.

ASB Incidents – Young People aged 11 – 19

Location	2010-11	2011-12	2012-2013
Whissendine	2	0	0
Uppingham	2	2	2
Cottesmore	4	6	1
Ryhall	3	3	4
Ketton	6	4	5
Greetham	0	1	0
Wing	1	0	0
Total	18	14	12

NB: Whissendine Youth Group and Cottesmore Youth Group started in June 2011, Ketton Youth Group started in July 2012.

The Youth Service was successful in applying for consultancy support to review participation and engagement processes for young people. Whilst the report had recommendations to improve practice, it highlighted the fantastic work in the team with the quote below.

Finally, in an era where public perceptions towards young people are often negative, this review would like to acknowledge the observed dedication and professionalism of the young people involved with Rutland County Council's democratic engagement processes and in particular those young people involved with the Rutland Youth Council. Rutland Youth Council members give up a substantial proportion of their free time, often during periods of significant school work and exam pressure which may impede some of their peer's ability to engage in democratic processes. Compared to other local authority youth councils, members of Rutland Youth Council dedicate a higher proportion of their spare time to voluntarily progress Rutland Youth Council's work and are keen to continue to develop their involvement in wider Rutland County Council work.

Peta Halls National Youth Agency Development Officer April 2012

Financial Information

Below is a breakdown of budgetary expenditure for the last three years.

2010- 2011

Cost Centre	Budget	Comments
Premises Costs	£7,800	Connexions budget paid for
		majority of premises costs
Youth Work Salaries	£174,788	
National Insurance	£8,949	
Pension	£12,979	
Overtime	£5,243	Due to covering holiday and
		sickness absence to ensure
		projects remained open
Car Mileage	£3,874	
Essential Users	£2,479	
Mobile Phone Bills	£1,066	
Youth Projects	£8,000	Running costs of projects
PAYP	£8,900	Activities budget
Accreditation	£8,500	Licence fee and materials
Website Development	£2,000	Contractor costs
Training	£1,300	For volunteers not eligible for
		RCC training programme
Rutland Youth Council	£6,500	
Youth Opportunity Fund	£50,000	External funding
Youth Capital Fund	£50,000	External Funding
KS4 Engage	£21,000	External Funding
Lord Lieutenants Award	£1,000	Awards Ceremony
Sexual Health/ Teenage Pregnancy	£6,000	Training and Resources
Total	£380, 378	

2011 – 12

Cost Centre	Budget	Comments
Premises Costs	£7,800.00	
Youth Work Salaries	£158,856	
National Insurance	£12,732.00	
Pension	£11,232	
Overtime	£12,082.00	Due to covering holiday and sickness absence to ensure projects remained open
Car Mileage	£3,238	
Essential Users	£963.00	
Mobile Phone Bills	£428.00	
Youth Projects	£12,100.00	
PAYP	£15,000.00	
Accreditation	£8,900.00	
Website Development	£1,000.00	
Training	£1,300.00	
Rutland Youth Council	£51,100.00	42.5 was YOF spend
KS4 Engage	£25,000.00	
Lord Lieutenants Award	£1,000.00	
Sexual Health/ Teenage Pregnancy	£6,100.00	
Total	£328,831	

2012-13 - Based on projections

Cost Centre	Budget	Comments
Premises Costs	£7,800.00	
Youth Work Salaries	£158,59	
National Insurance	£13, 500	
Pension	£7,548	
Overtime	£7,353	Due to covering holiday and
		sickness absence to ensure
		projects remained open
Car Mileage	£3,000	
Pool Car Recharge	£600	
Mobile Phone Bills	£500	
Youth Projects	£15,900	Increase due to SUSO and TOFU
PAYP	£12,600	
Accreditation	£9,300	
Website Development	£1,000	
Training	£1,300	
Rutland Youth Council	£11,400	YOF ceased
KS4 Engage	£25,000	
Sexual Health/ Teenage Pregnancy	£6,100	
Total	£273, 943	

Year on year there has been a reduction to Youth Service provision.