



Autism Self Evaluation

Local authority area

1. How many Clinical Commissioning Groups do you need to work with to implement the Adult Autism Strategy in your local authority area?

3

Comment

Although there is only one CCG in Rutland, we actually work with three across Leicestershire, Leicester City & Rutland (LLR) which is co-terminal with the geographical area covered by the Leicestershire Partnership Trust (LPT). The Autism Strategy group is also LLR. The Autism CCG GP lead is based in West Leicestershire CCG

2. Are you working with other local authorities to implement part or all of the priorities of the strategy?

- Yes
 No

If yes, how are you doing this?

Rutland work with Leicestershire County and Leicester City Councils, and regularly liaise with other authorities across the East Midlands via the Regional Leads group in order to exchange information and good practice. There is a jointly run LLR/CCG Autism Strategy group which oversees the implementation of the Autism Pathway Delivery Action Plan. There are work streams for Training, Transitions, Employment and Accessible Information.

Planning

3. Do you have a named joint commissioner/senior manager of responsible for services for adults with autism?

- Yes
 No

If yes, what are their responsibilities and who do they report to? Please provide their name and contact details.

*Local Authority - Vicky Todd, Head of service, Inclusion. Responsibilities: Developing and overseeing strategic commissioning of autism services. Reporting: Health and Well-being Board.
Health - Jim Bosworth, West Leicestershire CCG. Responsibilities: Overall commissioning manager for all 3 CCGs across Leicestershire, Leicester City & Rutland
- Jane Chapman - East Leicestershire & Rutland CCG. Responsibilities: Local health services commissioner*

4. Is Autism included in the local JSNA?

- Red
 Amber
 Green

Comment

*The current Rutland JSNA (2012) has a subsection titled Autism/Asperger's Syndrome within the chapter 'Adults with Disabilities/Sensory Impairments'.
The Rutland JSNA is due to be revised during 2014/15, this document will continue to provide detail on Autism, including updated statistics etc.*

5. Have you started to collect data on people with a diagnosis of autism?

- Red
 Amber
 Green

Comment

*The Local Authority records data about client classifications on the Client Record Management System for people in contact with Adult Social Care Services. The exchange of information with Health partners is not established
Health - use a system called MARACIS this is a clinical database where data is drawn from in Adult Mental Health and Learning Disabilities services*

6. Do you collect data on the number of people with a diagnosis of autism meeting eligibility criteria for social care (irrespective of whether they receive any)?

- Yes
 No

If yes, what is

the total number of people?

18

the number who are also identified as having a learning disability?

13

the number who are identified as also having mental health problems?

5

Comment**7. Does your commissioning plan reflect local data and needs of people with autism?**

- Yes
 No

If yes, how is this demonstrated?

The Local Authority is currently producing a new commissioning strategy for adults with learning disabilities and mental health conditions which will incorporate the needs of people with autism.

8. What data collection sources do you use?

- Red
 Red/Amber
 Amber
 Amber/Green
 Green

Comment

Health: REED codes, LPT LD register, MARACIS.

Local Authority: Client Record Management System.

GP systems are being reviewed and are likely to be the most useful in the long term. Improved information sharing protocols are required

9. Is your local Clinical Commissioning Group or Clinical Commissioning Groups (including the Support Service) engaged in the planning and implementation of the strategy in your local area?

- Red
 Amber
 Green

Comment

A GP representative of the CCG is an active participant of the LLR Autism Strategy group, and has helped to identify gaps and needs across the services. A new specification for an increase in the service provision is under development (using current case evidence) to provide on-going support for all patients following diagnosis or at some point in the future if required. It is hoped this service will be across both adult MH, LD and transitions

10. How have you and your partners engaged people with autism and their carers in planning?

- Red
 Amber
 Green

Please give an example to demonstrate your score.

Service users and carers have been involved at different stages of the development of the LLR Autism Strategy, the Autism Strategy group, and the Pathway Development group. Service users responded to an initial questionnaire about the Autism Strategy. Some service users and carers then assisted in an exercise in 'What would a good pathway look like?' culminating in an open event for all to see and comment on the whole Pathway from Children's, through to CAMHS, and adult services in LD or MH

11. Have reasonable adjustments been made to everyday services to improve access and support for people with autism?

- Red
 Amber
 Green

Please give an example.

A GP Autism Pack has been produced which includes 'Top Tips for diagnosing, supporting and meeting the needs of people on the Autistic Spectrum'. A Toolkit has been developed with partners including SALT - Guidelines on Involving people with Profound & Multiple Learning Disabilities in Planning & Commissioning Services.

There is Autism Awareness, specialist and enhanced training available which has been taken up across wider local authority staff teams including customer services and transport and by external partners.

The Mental Health diagnostic clinic was previously based on an upper floor of a psychiatric unit which presented a significant barrier to users. As a result the clinic has now been moved to the ground floor and is much more accessible, as it is seen as a separate entity and not part of psychiatric services.

12. Do you have a Transition process in place from Children's social services to Adult social services?

- Yes
 No

If yes, please give brief details of whether this is automatic or requires a parental request, the mechanism and any restrictions on who it applies to.

Rutland County Council have a transition protocol and pathway in place for young people with additional needs and a learning disability from the age of 14 years. The Inclusion Team includes the Principal Social Worker for Disabled Children, the Senior Practitioner for Transitions and SEN team who work together to support young people from children's to adult services. Alongside this, Youth Options and the Children's Team are closely involved in providing a comprehensive transition. Year 9 reviews are encouraged to be person centred with Rutland providing training for both primary and secondary schools to promote this practise. Transition events and home visits are provided to ensure families have the information they require for Transition. The Transitional Operational Group (TOG) monitor young people with a SEN and those on School Action Plus who may not have been diagnosed. In addition Looked After Children are also monitored to provide additional support leaving care if there are safeguarding concerns during Transition. Complex cases are joint managed from the age of 17 years between the Principal Social Worker for Disabled Children and the Senior Practitioner for Transitions which provides continuity and planning to continue to adult services. We work alongside Health during Transition and promote Health Action plans and communication passports. Young people with a diagnosis of ASC are monitored in the TOG group, with some having support from the Inclusion Officer for Autism. Transition groups are in place for an 8 week period to support young people with Autism moving on at year 11 in their Transition. Links to the Adult Inclusion Workers are made to increase the support Transition offers during this time of change. As with other young people a multi disciplinary approach is co-ordinated to ensure the needs of the young person are identified.

Alongside this we have the LLR Autism Diagnostic and Support Pathway which has three detailed sections on multidisciplinary assessment, for Children, Transitions & Adults. These pathways will work together to provide the appropriate assessment and support/services as young people move through different phases of education, health & social care. A referral can also be made from the Autism Pathway for a newly diagnosed young person.

Access to social care services may be limited to preventative services if they do not meet the fair access to care threshold.

13. Does your planning consider the particular needs of older people with Autism?

- Red
 Amber
 Green

Comment

The Autism training programme is available for all staff teams including Reablement and Older People Long Term Team. The Local Authority is developing an over arching commissioning strategy which will include the needs for older people with autism. There is an awareness of the epidemiology for over 60's, but there is little clinical discussion and it is not an area where GP's are picking up new people.

Training

14. Have you got a multi-agency autism training plan?

- Yes
 No

15. Is autism awareness training being/been made available to all staff working in health and social care?

- Red
 Amber
 Green

Comment: Specify whether Self-Advocates with autism are included in the design of training and/or whether they have a role as trainers. If the latter specify whether face-to-face or on video/other recorded media.

The training programme has been benchmarked against both the Skills for Care Knowledge sets for Autism and the relevant Autism modules within the Health and Social Care Diploma on the Qualification Credit Framework, and is flexible enough to reflect outcomes for people with Autistic Spectrum Conditions in both health and social care settings and reflecting the importance of person centred approaches.

The core aims of the programme are that staff are able to identify potential signs of autism and understand how to make reasonable adjustments in their behaviour, communication and services for people who have a diagnosis of autism or who display these characteristics.

The training programme also meets the requirements of the statutory guidance

The content of the programme has been informed by the involvement of people on the autistic spectrum and their carers in both the development of the materials and their delivery. The partnership consists of Leicester City Council, Leicestershire County Council & Rutland Council with representation from Leicester Partnership Trust Independent and Voluntary Sectors.

16. Is specific training being/been provided to staff that carry out statutory assessments on how to make adjustments in their approach and communication?

- Red
 Amber
 Green

Comments

The enhanced and specialist courses assist with effective assessment and support planning. An E-learning course has been developed for Psychiatrists and GP's, which is also accessible to all other professions at what ever level they require. This has enabled the widest possible spread of quality training material. This is also available to to the Independent and Volunatry sectors. Staff that carry out statutory assessments have also been trained on how to make adjustments in their approach and communication

17. Have Clinical Commissioning Group(s) been involved in the development of workforce planning and are general practitioners and primary care practitioners engaged included in the training agenda?

- Yes
 No

Please comment further on any developments and challenges.

The CCG's have been involved in the development of a new service specification for the development of the workforce to provide an ongoing multi-disciplinary support service within mental health services where there has been none previously. GP's have been involved in the design of a 'Top Tips' desk top GP Autism Pack which has gone to every GP in Leicester, Leicestershire and Rutland. A specialist E-learning training package has been developed which will be made available across Rutland.

18. Have local Criminal Justice services engaged in the training agenda?

- Yes
 No

Please comment further on any developments and challenges.

Training on autism within the Leicestershire Police is lead by their Equality Unit. They have , for a number of years , involved a local trainer , who has a diagnosis of Aspergers Syndrome in their training programmes. he also sits on the Police Disability Independent Advisory Group. He has delivered either one hour or half day Autism Awareness sessions as part of a wider Equality and Diversity Training Programme to Front Line Officers , Operations staff , managers , police staff, Special Branch and Counter Terroism staff and members of the HR Departments. They have received very positive feedback about the Autism Awareness input they have had. They have also had delivered some training input to the CID Team from a parent of an adult with Autism focusing on Investigative interviews. Earlier this year we had a number of discussions exploring the suitability of Nigel Archer being involved in delivering training in Leicestershire and visited Nigel in Birmingham, but due to the success of the current provider used by Leicestershire Police and due to the reorganisation of Training to a Regional level this has not been developed any further at the moment. The latest equality training strategy agreed in August 2013, has however recognised the importance of continuing to provide a bespoke specialist training module of Autism awareness, as part of a suite of specific modules where certain staff may need more in depth knowledge.

[Diagnosis led by the local NHS Commissioner](#)

19. Have you got an established local diagnostic pathway?

- Red
 Amber
 Green

Please provide further comment.

A full diagnostic and support pathway has been developed across Children, Transitions and Adults, in Mental Health and Learning Disabilities.

20. If you have got an established local diagnostic pathway, when was the pathway put in place?

Month (Numerical, e.g. January 01)

1

Year (Four figures, e.g. 2013)

2013

Comment

January 2013 was the start date for the current pathway, however there has been a diagnostic and support pathway in LD adults for since 2005. There has also been a just diagnostic pathway for ASD in mental health since 2005.

21. How long is the average wait for referral to diagnostic services?

Please report the total number of weeks

6

Comment

*Aspergers assessment clinic, average wait time between triage and completion of assessment 7 months.
 Learning Disability service: Referral to assessment 6 weeks; assessment process through to diagnosis 3 months.*

22. How many people have completed the pathway in the last year?

3

Comment

Children	Adults 18+	Total
ASD All	13 3	16
Asperger	2 0	2
Autism	11 3	14

Adult break down into LD and MH designations

	LD	MH	Total
Asperger	0	0	0
Autism	3	0	3

23. Has the local Clinical Commissioning Group(s)/support services taken the lead in developing the pathway?

- Yes
 No

Comment

The Leicestershire Partnership Trust (LPT) initially led in the development of the Pathway, along with the three Local Authorities (LLR) and CAMHS. The PCT were initially involved and the work was nearly completed by the time the CCG's became involved. However the CCG's have taken the lead in enhancing the diagnostic element of the mental health pathway and are assisting in the development of a service specification to provide additional identified support services.

24. How would you describe the local diagnostic pathway, ie Integrated with mainstream statutory services with a specialist awareness of autism for diagnosis or a specialist autism specific service?

- a. Integrated with mainstream statutory services with a specialist awareness of autism for diagnosis
 b. Specialist autism specific service

Please comment further

Integrated with mainstream statutory services with a specialist awareness of autism for diagnosis - This is reflected across the whole Pathway through Children/CAMHS/Adult.

25. In your local diagnostic path does a diagnosis of autism automatically trigger an offer of a Community Care Assessment?

- Yes
 No

Please comment, i.e. if not who receives notification from diagnosticians when someone has received a diagnosis?

There is no system of notification when a diagnosis is made. If someone requires a Community Care Assessment then a referral will be made to Adult Social Care.

26. What post-diagnostic support (in a wider personalisation perspective, not just assuming statutory services), is available to people diagnosed?

There is a range of different support available for both users and carers. The Inclusion Service will sign post onto support and services which are available in the local area. This can be accessed via voluntary, private and commissioned services. Examples include advocacy, peer support groups, local forums, carer support services. The Autism Hub can also provide provide information and guidance.

Care and support

27. Of those adults who were assessed as being eligible for adult social care services and are in receipt of a personal care budget, how many people have a diagnosis of Autism both with a co-occurring learning disability and without?

a. Number of adults assessed as being eligible for adult social care services and in receipt of a personal budget

955

b. Number of those reported in 27a. who have a diagnosis of Autism but not learning disability

5

c. Number of those reported in 27a. who have both a diagnosis of Autism AND Learning Disability

13

Comment

28. Do you have a single identifiable contact point where people with autism whether or not in receipt of statutory services can get information signposting autism-friendly entry points for a wide range of local services?

- Yes
 No

If yes, please give details

The Customer Service Team at the Local Authority act as a single point of contact for all enquiries and can signpost or refer to more specialist teams. The Autism Information Hub is accessible via the Local Authority website.

29. Do you have a recognised pathway for people with autism but without a learning disability to access a community care assessment and other support?

- Yes
 No

If yes, please give details

A referral would be made through the relevant Community Mental Health Team.

30. Do you have a programme in place to ensure that all advocates working with people with autism have training in their specific requirements?

- Red
 Amber
 Green

Comment

The present advocacy service commissioned by the Local Authority includes Autism in their training programme.

31. Do adults with autism who could not otherwise meaningfully participate in needs assessments, care and support planning, appeals, reviews, or safeguarding processes have access to an advocate?

- Red
 Amber
 Green

Comment

Advocacy support is available

32. Can people with autism access support if they are non Fair Access Criteria eligible or not eligible for statutory services?

- Yes
 No

Provide an example of the type of support that is available in your area.

Rutland County Council have an Inclusion Support Service where people can access support and sign posting to services. The Autism Hub can also provide provide information and guidance

33. How would you assess the level of information about local support in your area being accessible to people with autism?

- Red
 Amber
 Green

Comment

An Autism Information hub is hosted by Leicestershire County Council, with information and links about a range of services across County, City and Rutland.

Housing & Accommodation

34. Does your local housing strategy specifically identify Autism?

- Red
 Amber
 Green

Comment

The Council's Housing Strategy 2012-17 is supported by a specific housing needs survey of people with learning disabilities and their carers undertaken in 2011/12. Within the survey report, it is shown that ten responses identified a need for help with 'autism awareness' or 'Aspergers'. The Housing Strategy includes a number of references to the needs of people with learning disabilities, including: "The Council commissions floating support to enable independent living as well as supported living schemes. It recently enabled the completion of two dwellings for people with learning disabilities. New initiatives for independent living will be considered if appropriate, informed by the results from the survey."

Employment

35. How have you promoted in your area the employment of people on the Autistic Spectrum?

- Red
 Amber
 Green

Comment

The Local Authority has a dedicated post supporting disabled people with employment options. There is an LLR Mental Health Employment group which liaises and promotes employment across the area. The Autism Hub has an employment element which it is currently developing.
The local Job Centre Plus Disability Employment Advisor for the area does have a limited time frame for appointments and a turnover of staff has proved challenging. The LA employment service has close links with Job Centre plus actively being involved in the planning and facilitation of a recent employment event within Rutland. Being involved in such a way allowed us to promote disability and have a much larger information bank both in hard copies and trained advisors to talk to on the day. Direct links with the local CMHT allows us to keep positive relationships with professionals and key people to improve the support we can offer on an individual's employment journey. Linking with partners such as Leicester city, Leicester county and Lincolnshire creates opportunities both in and out of Rutland, keeping up to date on current trends in employment opportunities.

36. Do transition processes to adult services have an employment focus?

- Red
 Amber
 Green

Comment

Employment pathways are discussed at Year 9 with the support from Youth Options, School and the Transition Worker. Aspirations are discussed around career choice and how their independence can be developed. Other pathways such as health and friendship are also discussed alongside Employment at year 9 reviews. This is again discussed at the Year 11 review with Youth Options playing an important role in supporting young people to make the right choices for employment. As young people move into adult services Rutland County Council; offer further support in supporting adults to access work experience, develop their CV,S, attending interviews and ultimately securing employment.

Criminal Justice System (CJS)

37. Are the CJS engaging with you as a key partner in your planning for adults with autism?

- Red
 Amber
 Green

Comment

Mental Health and Vulnerability group has been established which is represented by strategic partners CCG, Public health, Local Authority, LPT and Police. A Keep Safe scheme with Keep Safe cards has been developed with the Rutland County Council Inclusion Support Service Team to support vulnerable people including adults with autism to access the community and be supported.

*Clinical advice has been provided to the Courts on a number of occasions.
 Leicestershire Police have recently appointed a number of Diversity Liaison Officers (DLOs), who have a specific knowledge or specialism about a certain aspect of equality. One of the recent DLO's has declared a specialist knowledge on Autism and will be a link between the Police force and adults with Autism. This is a new initiative and should deliver results over the next 6 -12 months .The Diversity Liaison Officer has been invited to attend our Autism Strategy Group.*

Optional Self-advocate stories

Self-advocate stories.

Up to 5 stories may be added. These need to be less than 2000 characters. In the first box, indicate the Question Number(s) of the points they illustrate (may be more than one). In the comment box provide the story.

Self-advocate story one

Question number

10

Comment

The Young people are identified early and time is taken to get to know them and their needs. Both social worker/connections have been very active in support to find alternative colleges/facilities. We are starting to consider accommodation now. The support has been very good

Self-advocate story two

Question number

12

Comment

My child is 18 and the transition service is very involved in making sure their needs are identified and taken into account when making plans for their future. I have been very impressed so far

Self-advocate story three

Question number

35

Comment

I am very happy to have been involved in the recent Job Centre Plus job employment event. We were told that we had provided a professional service and a quality lunch. This is promoting a positive image of disability employment in action

Self-advocate story four

Question number

Comment

Self-advocate story five

Question number

Comment

This marks the end of principal data collection.

Can you confirm that the two requirements for the process to be complete have been met?

a. Have you inspected the pdf output to ensure that the answers recorded on the system match what you intended to enter?

Yes

b. Has the response for your Local Authority area been agreed by the Autism Partnership Board or equivalent group, and the ratings validated by people who have autism, as requested in the [ministerial letter](#) of 5th August 2013?

Yes

The data set used for report-writing purposes will be taken from the system on 30th September 2013.

The data fill will remain open after that for two reasons:

1. to allow entry of the dates on which Health and Well Being Boards discuss the submission and
2. to allow modifications arising from this discussion to be made to RAG rated or yes/no questions.

Please note modifications to comment text or additional stories entered after this point will not be used in the final report.

What was the date of the meeting of the Health and Well Being Board that this was discussed?

Please enter in the following format: 01/01/2014 for the 1st January 2014.

Day

Month

Year