

HEALTH AND WELLBEING BOARD:

REPORT FROM DIRECTOR OF PUBLIC HEALTH

DIRECTOR OF PUBLIC HEALTH ANNUAL REPORT 2013

Report No. 272-2013

Purpose of Report

1. The Director of Public Health's (DPH) Annual Report is my report on the health of the population of Rutland. This is the first annual report of the Director of Public Health since the transition of the public health function from the NHS to upper tier local authorities in April 2013.
2. This is the 1st report that has been written specifically for the people of Rutland. It focuses on the health of adults, and is the third and final report in a series that has worked through the life course, focusing on key health issues at different stages of our lives. The previous two reports were written for Leicestershire County and Rutland. This report has been developed in collaboration with staff from Rutland County Council, Leicestershire County Council and Public Health England.
3. Last year's report focussed on the health and wellbeing of older people and this report includes an update on progress against the recommendations made in that report for the people of Rutland.
4. The report outlines some of the major influences on the health of adults, it gives a picture of the current situation in Rutland and makes a number of recommendations for action. The report considers the following areas:
 - Health inequalities;
 - Tobacco control;
 - Healthy weight;
 - Substance misuse;
 - Sexual health;
 - NHS Health Checks;
 - Health at work;
 - Mental health; and
 - Health protection.
5. I believe that implementation of the recommendations of this report will have a significant positive impact on the health of our population.

Existing Framework / Previous Decisions

6. Nil.

Consultations

7. The report is the independent report of the Director of Public Health.

Resource Implications

8. Full implementation of the recommendations of the report will need to be addressed through the commissioning cycle.

Equal Opportunities Implications

9. Implementation of the report's recommendations would have a positive impact on health inequalities.

Partnership Working Implications

10. The recommendations within this report focus on the things that we need to do to improve the population's health. Implementation of these recommendations will have a significant impact on people's health and wellbeing and has the potential to reduce the long term demand for health and social care services as these people become older.

Conclusions / Recommendations

11. It is recommended that:

- I. That the Health and Wellbeing Board receive the Director of Public Health's Annual Report (Appendix A).
- II. That the Health and Wellbeing Board support the recommendations in the report.

Officer to Contact

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