



Rutland
County Council

Integrated Care Project

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Partnership

- East Leicestershire and Rutland Clinical Commissioning Group
- Rutland County Council



Aims

- Puts the person in control and at the centre of their care
- Health and Social Care – whole person approach
- Promotes self management of long term conditions
- Avoids or delays hospital or other more intensive forms of care and treatment
- Improves the experience and quality of care for people

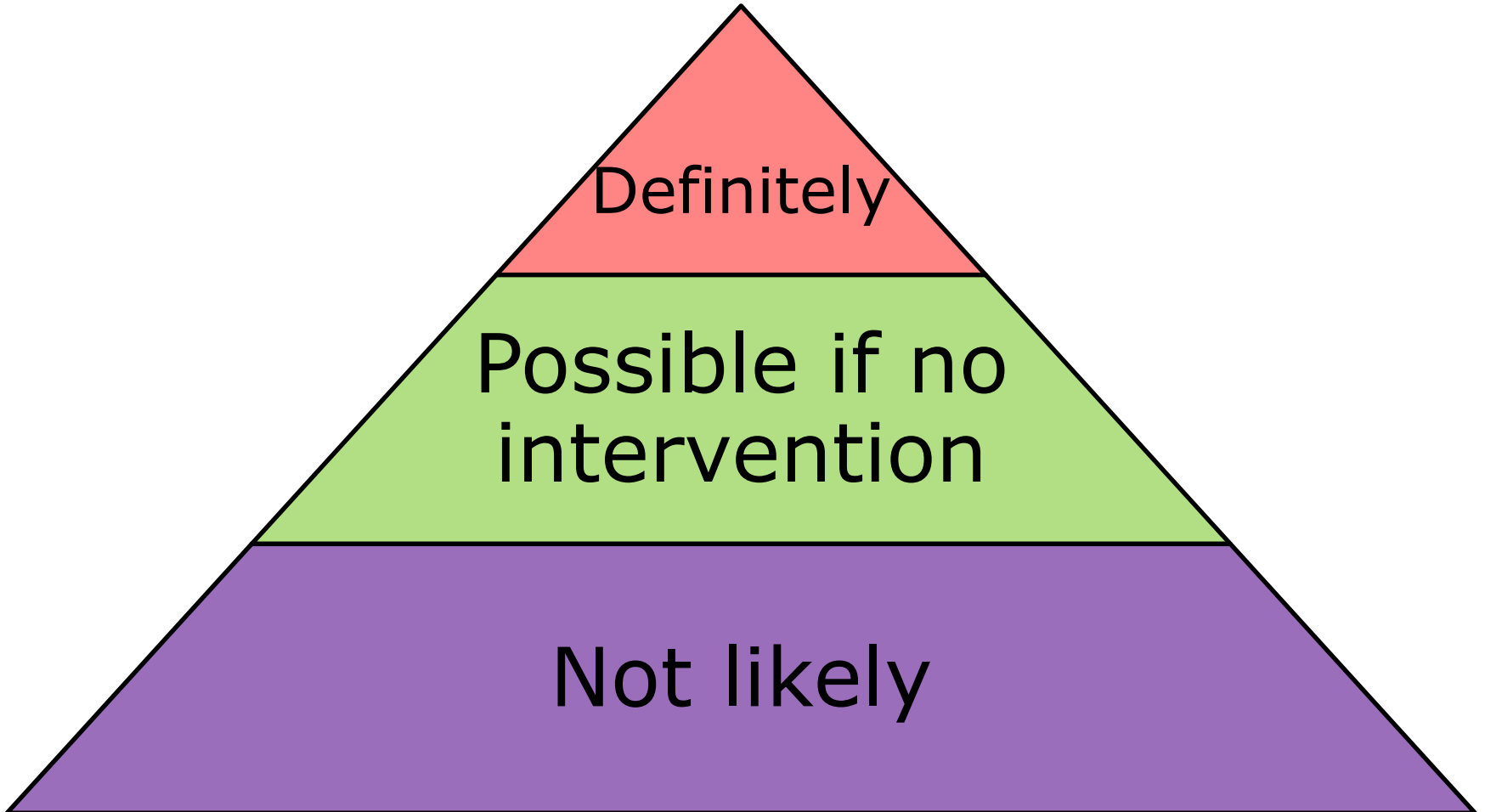


Process

- Identify people with long term conditions at risk of hospital admission
- Choice to engage
- Joint assessment
- Multi-disciplinary team decisions
- Interventions from various disciplines
- Signposting
- Review



Risk Stratification - Likelihood of Hospital Admission





CASE STUDY A : Mrs A Key Points

- We discussed Mrs A's identified unmet needs at the Multi-Disciplinary Meeting. From this, the GP agreed to refer Mrs A to physiotherapy to see whether it was possible to strengthen her upper body and find walking aids more appropriate for Mrs A's needs.
- At the joint visit we were able to holistically assess Mrs A from the perspective of different professionals, which enabled us to meet Mrs A's needs in a person centred and organised way.
- I had a private meeting with the Occupational Therapist about the needs that I had identified during my assessment. Together we agreed that a short period of re-enablement may better assess Mrs A's needs.



CASE STUDY B : Mr and Mrs B Key Points

- Communication about voluntary agencies of which Mr B was not aware.
- Working with and supporting Mrs B as a carer.
- Making appropriate referrals that could support Mr B in the aim of minimising his risk of an emergency hospital admission.



CASE STUDY C : Mrs C Key Points

- Giving the patients reassurance and confidence that it is fine to make appointments with their GP
- Communication with all GPs.
- Liaising with social services to discover new services.



Patient Feedback So Far...

What's best about being on the programme and how has it affected my life?

"Access to help and advice if needed"

"It has made my life more comfortable"

"People are so kind and caring"

"Thank you, it's just the little things and nice people that help"

"It does seem someone cares"

"Feeling of security that there is help easily available"

"I am more active now and hope to remain so!"

"More feeling of security and good support available if needed"

"Gives confidence"

"Very helpful – the care visitor organised a visit with services for deaf and hard of hearing who provided hearing gadgets – great improvement"